

**Think. Innovate. Change.**

Transform without boundaries...

RTO REGISTRATION NO. 0182



SOS

# The Science of Self

## WHAT IS THE SCIENCE OF SELF!

The Science of Self is a series of "multi-science" assessments that provide a deeper, richer and more complete understanding of people when selecting, developing or managing their personal and professional lives. It consists of 3 key assessment tools:

- 1 DISC** – 4 CORE BEHAVIOURS (how we behave and communicate)
- 2 MOTIVATORS** - 6 CORE MOTIVATORS (why people move into action)
- 3 TTI EQ (EMOTIONAL QUOTIENT)** – 5 PRINCIPLES OF EQ (Emotional Intelligence)

These 3 key assessment tools can be combined to provide a deeper understanding of the 4 core behaviour's and 6 motivators, and 5 principles of EQ (Emotional Quotient) as follows:



### 4 TALENT INSIGHTS

How people behave and why they move into action

### 5 BEHAVIOURAL INTELLIGENCE

A persons emotional intelligence level and behavioural style

### 6 TRIMETRIX EQ

How a person behaves and communicates, why they move into action and do they actively apply emotional intelligence.